



## PARSLEY FLAKES

**Botanical Name:** *Petroselinum sativum*

**Common Name:** Garden parsley

**Medicinal part:** Leaves

**Description:** Parsley or garden parsley (*Petroselinum crispum*) is a species of *Petroselinum* in the family Apiaceae, native to the central Mediterranean region (southern Italy, Greece, Algeria, and Tunisia), naturalized elsewhere in Europe, and widely cultivated as a herb, a spice, and a vegetable. Where it grows as a biennial, in the first year, it forms a rosette of tripinnate leaves 10–25 cm (3.9–9.8 in) long with numerous 1–3 cm (0.4–1.2 in) leaflets, and a taproot used as a food store over the winter.



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